



SUNDAY ADULT GROUPS

These Groups meet every Sunday from 9:30 to 10:30 AM. There are a variety of Groups to choose from. You are welcome to visit different groups until you find the best place for you.

Link to Grace (F201)

The Link to Grace group is primarily made up of singles and couples in their 30s-50s, but the group welcomes adults of all ages, and in all stages of growth as followers of Jesus. Their class discussions follow along with the Sunday morning sermon series or video-based curriculum.

L.I.F.E. (Room F202)

A group for people in their 20s and 30s. L.I.F.E.: Living in Fellowship Everyday. We strive to encourage one another in our faith and to do life together. We primarily participate in video-based Bible studies.

Bereans (Room F204)

Mid-sized group of singles and couples in their 40s-50s. Discussion-oriented group studying different books of the bible. This Group is heavily involved in service in various ministries throughout the church. Regular lunches after worship and socials in people's homes

Connect Class (Room A117)

Connect is a place for empty nesters to connect with God, His Word, and His people. We study God's Word in a discussion format, helping one another understand God more fully and apply His truth to our lives more effectively. Come join us and get connected!

Disciples (S102 Bride's Room)

Discussion-oriented studies are led by group members and include Bible study, contemporary/world issues, and an occasional series of 4 to 6 weeks duration. Group members have children at many stages: finishing schooling, getting first jobs, establishing careers, and starting their own families. Our hope is to strengthen and enrich our spiritual selves through weekly study, discussion and fellowship.

First Day (Library)

A group with a diverse range of ages, consisting of individuals and couples who are heavily involved in service through various Lake Highlands UMC ministries. This friendly group of spiritually curious individuals typically focus on God's Word as presented in Cokesbury's Adult



Bible Studies series. This class features a discussion-oriented approach that asks thoughtful questions about the Bible's message as it applies to everyday life.

Lyceum/Roundtable (Room F107 Parlor)

Mid-to-large-sized group of people mostly in their 50s-70s. We spend time together through socials and service projects throughout the year. Topics vary on Sunday mornings, but all are based on Scripture.

Koinonia (A119 Fellowship Hall)

Group of older singles and couples who support one another and do life together. Lively discussion-oriented group that alternates between lessons from Cokesbury's Adult Bible Study series and other Bible studies.

CHILDREN'S SUNDAY SCHOOL

1st - 6th Graders (Youth Basement)

4 and 5 Year Olds (F101)

2 and 3 Year Olds (C115)

1 and Under (C114)

YOUTH SUNDAY SCHOOL

7th - 12th Graders (Youth Basement)