

# **Sunday Groups**

Are you looking for a place to connect with others and to grow in your faith?

Visit [www.lhumc.com/sunday-groups](http://www.lhumc.com/sunday-groups) for a description of each of our Sunday groups (9:30-10:30am). If you're not sure where to plug in, please contact Gretel Roberts, Discipleship Coordinator, at [gretel@lhumc.com](mailto:gretel@lhumc.com). We would love to help you find a place to connect and grow!

## **LHUMC 101**

- What: Are you interested in learning more about Lake Highlands UMC? Join us for a continental breakfast as the staff shares about the vision, ministries and membership process at LHUMC.
- When: 4th Sunday of the month ~ 9:30-10:30am
- Where: LHUMC Refreshment Center
- Cost: None

## **Alpha**

- What: Alpha is a series of conversations about life, faith and meaning. We will discuss the things we all question in life: Why do bad things happen to good people? What's the purpose of life? What's next? If you're looking for a space to ask hard questions and to unpack the basics of the Christian faith, Alpha is the place for you.
- When: Sundays, September 10 - November 19 ~ 9:30-10:30am
- Cost: None

## **New Sunday Morning Group!**

- What: Are you new to Lake Highlands UMC and looking for ways to connect with others? Lake Highlands UMC will be starting a new Sunday morning group this fall. The group will participate in the Alpha course, which will be led by Gretel Roberts, Amy and Trey Thompson. If you're looking for a group, we'd love for you to join us!
- When: Sundays, September 10 - November 19 ~ 9:30-10:30am
- Cost: None